



What do we do?

Families have a wide range of experiences using various services, they know what works well, what doesn't and how things can be improved to support families in supporting their son or daughter.

We encourage parents to participate, listen to parents views/experiences and from this identify common themes. This is fed back by our Parent Representatives to the local authority, health and any other local organisations who provide services which affect or impact on the lives of children with disabilities or additional needs. We all work together to decide how local services and support can be improved and therefore meet the needs of children and their families more fully.

join our

**Steering group
Focus group
Information days & Events
Mailing list**

"How can I find the information I need?"

For more information contact
South Glos Parents & Carers
PO Box 303, Bristol BS16 0AR

Mobile: 07827 322358

leave a message

Email: parents@sglosparentsandcarers.org.uk

please add our email address to your address book to avoid being placed in your spam box

www.sglosparentsandcarers.org.uk

working in partnership with

South Gloucestershire Council



If you care, we care.

The Carer's Support Centre
Bristol & South Gloucestershire

www.sglosparentsandcarers.org.uk

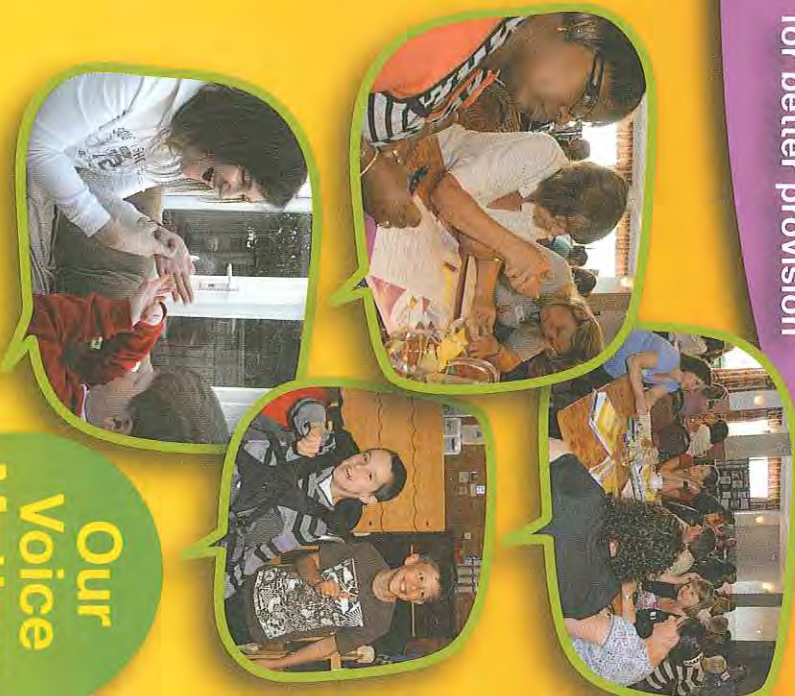
Community Interest Company 8864673



South Glos Parents & Carers

for families who have children and young people with a disability or additional needs

working together for better provision



Our Voice Matters

www.sglosparentsandcarers.org.uk



**South Glos
Parents & Carers**

**for families
who have
children
and young
people with
a disability
or additional
needs**

**Who
are
we?**



South Glos Parents and Carers (SGPC) is the Local Parent Participation forum in South Gloucestershire for families who have children with Additional Needs and a Disability.

We are a parent led group and all have children with various needs ranging from physical, social communication, sensory, learning or behavioural difficulties, and anxiety to complex health needs.

We believe that Children and young people with additional needs/disability should be able to reach their full potential and experience the same life choices as peers by ensuring services are suitable, required and appropriate.

**"How you can
Participate"**

How you can get involved

I can't make meetings but would like to contact you and share my thoughts.

You can do this by Emailing your comments on our website or leaving a message by phone.

Want to be part of or more involved in how services work and influence in decision making?

You may be interested in a focus group where we look at an aspect of service provision which has been identified as a possible problem area. You may be interested in being a parent representative to sit on key service provider meetings to make sure what is being discussed fits in with what we've identified through working with other parents.

Would you like to meet up with parents and carers in an informal atmosphere to chat?

Join us on our monthly coffee mornings at Bristol and Bath Science Park in Emersons Green. Usually on last wed of every month. 10 - 12. Please check dates on our website.

Would like to be involved in the future direction of the group?

Why not join our steering group who meet monthly to discuss the priorities of the group.

You may simply just want to receive information from us so that you can join in when you want to or just receive info from us.

Sign up to our database by emailing us or informing us by post.



**We ask
for your help**

The help and support of other parent and carers is crucial to our work.

We rely on our network of parents to take part in focus groups, to become Parent Representatives and or join our steering group.

Help us spread the word and be part of South Glos Parents and Carers!

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Voice
Matters**

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