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Dear Parents and Carers,

Sadly, bereavement, loss and family break up affects many children during the course of their time in primary school and as a school, we know how crucial our support can be for them and their family during these times, as well as for the rest of their time with us. We were recently put in touch with a charity called Rainbows which trains staff as facilitators of the 12 session programme of support for any child affected by loss or family break up. This is an extract from their website <http://www.rainbowsgb.org>.

**RAINBOWS BEREAVEMENT SUPPORT GREAT BRITAIN is a well-respected national charity having a proven, positive impact on the lives of children, young people and adults grieving a significant and often devastating loss in their lives.*

The work of Rainbows is tried, tested, researched, monitored and evaluated. We know the impact of our work is long-lasting and has a tangible impact on people's lives. Our vision is quite simply for every child and young person in every school in Great Britain, grieving a significant and often devastating loss in their lives, to be understood and supported appropriately.

Stanbridge Primary School is proud to say that we are now an official 'Rainbows' trained site and we will be running small groups of up to 6 children over the coming years as the needs arises. While we know the children well, we do not always know where they have experienced a bereavement or break up that is still affecting them, even several years later. Therefore, as well as asking teachers to put forward the names of any children they feel would benefit from the group, we are also asking parents to complete and return the form below if you feel your child could benefit from these sessions. All sessions are run during school time and are funded by school. They are an entirely confidential and safe place for children to explore themes such as feelings, self-esteem, and 'why my family?' If your child is offered a place in a group either now or in the future, you will always be contacted for permission first.

'The Rainbows programme has made a huge difference to our family life. We found that our son was more able to cope with his grief and loss' (Parent)

'79% of children agreed that they felt more confident and less worried about their problems after attending a Rainbows programme'

'Rainbows helped me to manage my feelings more and gave me an understanding of why I'm feeling this way' (Bradley, Year 8).

If you want to know more, please speak to Mrs Emes or Mrs Winterson or look at the Rainbows website <http://www.rainbowsgb.org>.

I would like to refer my child _____ in class _____
for the Rainbows programme, as I feel that they would benefit from being part of it.
The reason(s) I am putting them forward is due to _____

Signed _____

Print name: _____